



**The Season of Lent  
From  
Ash Wednesday to Easter Day  
2026**



*'We are a Christian community nurtured by the grace of Jesus, the Christ, and strengthened by prayer and the sacraments. Witnessing to Christ's love, we are united in our desire to serve others with compassion, respect and understanding.'*

The origin of the season of Lent lies not in any conscious re-enactment of our Lord's time in the wilderness, which remains only a secondary theme of the season, but in the rigorous preparation of Christians for the celebration of the death and resurrection of Jesus Christ in Holy Week and at Easter. The observance of Lent was at first undertaken by baptismal candidates, for whom it was the final part of their preparation before initiation into the Church in the Easter liturgy, and by those who had been excommunicated for grave and public sin and would be readmitted to the Church's sacramental life in time for Easter after a period of penance. It was not long before the Church realized the benefit for all Christians of joining these particular categories in a season of preparation marked by penitence expressed in prayer and fasting. It is this sense of preparation, and so of eager expectation with Good Friday and Easter Day always in view, that should characterize the season Lent.

*Dear Lights of Christ,*

*I invite you to observe a holy and blessed Lent, a time of reflection and prayer. Let us remember our Lord who gave himself up for us. May we remember his example of life, his teaching, his care for those who were poor in spirit, those who lived on the edge of society, the sick and dying.*

*Let us remember the faith and struggle of those first disciples who put down their tools of trade to follow our Lord and all those who have been disciples and friends of our Risen Lord from that first Easter.*

*And let us remember once again the promises of our Baptism, that in our dying to this world, we may live in Christ and shine as his light in the world.*

*Let us remember the simplicity of true service and holiness of worship, that our hearts, minds, and bodies may be focused on the true purpose of our loving God who visited us in the person of Jesus.*

*Let us use the special opportunities in our parish for worship, devotions, and study to turn afresh to the Lord and grow in faith.*

*Fr. Jeff O'Hare*

### **Shrove Tuesday 5:00 p.m.**

Come and share pancakes, yummy desserts and fellowship.

### **Ash Wednesday**

10:00 a.m. BCP Eucharist and imposition of ashes

5:30 p.m. BAS Eucharist and imposition of ashes.

*The sacrifice of God is a broken spirit: A broken and contrite heart you will not despise. Psalm 51: 17*

Brothers and sisters in Christ, since early days Christians have observed with great devotion the time of our Lord's passion and resurrection. It became the custom of the Church to prepare for this by a season of penitence and fasting. At first this season of Lent was observed by those who were preparing for Baptism at Easter and by those who were to be restored to the Church's fellowship from which they had been separated through sin. In the course of time the Church came to recognize that, by a careful keeping of these days, all Christians might take to heart the call to repentance and the assurance of forgiveness proclaimed in the gospel, and so grow in faith and devotion to our Lord.

I invite you therefore, in the name of the Church, to the observance of a Holy Lent, by self-examination and repentance; by prayer, fasting and self-denial; and by reading and meditating on God's Holy word.

*Make our hearts clean, O God  
and renew a right spirit within us.*

With the sign of ashes, we begin our journey to Easter.

With the sign of ashes, we are summoned to die with Christ and we are summoned to live with Christ.

We make a beginning with ashes on this day, and come to the end in the new fire of the Easter Vigil.

## **Service Times**

### **Sundays:**

10:00 a.m. Sung Eucharist BAS

### **Wednesday**

10:00 a.m. Holy Eucharist

11:00 a.m.-12:00 p.m. Bible Study (To Love and to Serve)

to commence on the 25<sup>th</sup> of February

## **Holy Week and Easter**

### **Palm Sunday**

10:00 am.

**March 29, 2026**

Sung Eucharist and procession and blessing of the psalms.

### **Holy Week**

### **Monday**

5:30 p.m.

Holy Communion, Reserved Sacrament

### **Tuesday**

10:00 a.m.

Holy Eucharist BAS

### **Wednesday**

10:00 a.m.

Holy Eucharist BCP

### **Maundy Thursday**

7:00 p.m. Holy Eucharist, including feet washing and followed by the Stripping of the Altar and extinguishing of lights.

## Gethsemane Watch

Before the Church is darkened, consecrated bread and wine are reserved on the altar. At the conclusion of the Communion Service, those who so wish to go to the chapel to keep watch for a time in response to Jesus' request to Peter, "Could you not watch one hour?"

### **Good Friday April 3, 2026**

10:00 a.m. Good Friday Liturgy, including the reading of The Passion narrative, worship at the foot of the cross.

The great intercessions for Good Friday, and Holy Communion.

Morning coffee and hot cross buns to follow.

### **Easter Day April 5, 2026**

10:00 a.m. Eucharist of the Risen Christ including renewal of Baptismal vows. Brunch celebration following the service.

## Caring

### **Alms Basket**

All families are encouraged to establish the habit of buying at least one extra grocery item when doing the weekly shopping. When placed in the alms basket it goes to help needy families locally and further afield. Hopefully, a habit established in Lent will last throughout the year.

### **Reconciliation**

The clergy are available for spiritual counselling and for the sacrament of reconciliation. If you carry a burden of sin and wish to make your confession to a priest and receive absolution, or if you have any special problems you wish to discuss, feel free to make an appointment.

#### **Parish Directory**

Priest:	Fr. Jeff O'Hare	613-848-4411
Pastoral Assistant & Warden	Sharon Mortimore	613-848-8656
People's Warden:	Richard Bly	613-848-5695
Church Office		613-968-3478
Church Hours	Monday to Thursday	613-968-3478